# ANCHOR & DEN

NO. 389
INSPIRED GLOBALLY

# **CRÊPERIE**

#### SWEET CRÊPES

classic: lemon juice & caster sugar	8
lemon curd, blueberry & hibiscus	11
georgia peach & white chocolate chantilly	11
banana flambé, nutella	11
apple cinnamon & caramel	10
berry madness, strawberry, raspberry, blueberry	11
pineapple mango, coconut milk, mint	10

#### SAVORY CRÊPES

scrambled egg, cheese, choice of ham or bacon egg white, avocado, tomato, spinach* spinach, mushroom & cheese smoked salmon, crème fraiche, chives	12
	13
	12
	12

<sup>\*</sup>healthy choice

### FRESH JUICES

#### REFRESHER

apple, pineapple, watermelon

#### IMMUNIZER

orange, pineapple, grapefruits

#### BOOSTER

apple, cucumber, beets, lemon juice, ginger

#### AWAKENER

orange, carrot, ginger

#### HYDRATION

watermelon, cucumber, lemon juice

## **SMOOTHIES**

#### ENERGIZER

green apple, spinach, carrot, beets, lemon juice, wheatgrass

#### FAT BURNER

pineapple, celery, cucumber, green apple

#### GREEN GODDESS

green apple, spinach, kale, celery, cucumber, wheatgrass, mint

#### KALE DELIGHT

kale, pineapple, green apple, cucumber

#### DETOX

red apple, carrots, cucumber, lemon juice, ginger

Juices and Smoothies are 7.50 each

All prices are in Cayman Island's dollars. A 16% service charge will be added to your final bill.